

With any medical test it is important that other factors do not interfere with your test results. Please read and follow these instructions carefully.

This test commonly checks for infections, inflammatory disease of the urinary tract, cancer or precancerous conditions.

You will need three sterile yellow screw top containers provided by your doctor or SA Pathology.

Containers can be collected from any SA Pathology Patient Centre; locations are listed on the back of your SA Pathology request form.

Collecting the specimen

Do not collect the first urine of the morning.

1. Collect urine on three days.
These do not have to be consecutive days, weekend collection is not recommended.
2. Prior to collection, drink 2-3 glasses of water.
3. Collect next urine into a clean plastic container.
4. Transfer into a yellow top container, about two thirds full.
5. Discard the remaining urine.
6. Secure the lid firmly.
7. Write these details on the container:
 - your full name
 - date of birth
 - collection date.

Delivering the specimen

On the same day the sample is collected, deliver the specimen to your nearest SA Pathology Patient Centre.

Please refrigerate the specimen if there is likely to be any delay.

Your results

Your doctor will advise you when results are available.



Patient Centres

For Patient Centre locations and latest opening hours visit our website www.sapathology.sa.gov.au or phone (08) 8222 3000.