

With any medical test it is important that other factors do not interfere with your test result. Please read and follow these instructions carefully.

You must use the yellow screw top container provided by your doctor or SA Pathology. Containers can be collected from any SA Pathology Patient Centre.

### Collecting the specimen

A midstream specimen of urine is required in order to minimise the degree of bacterial contamination, so that bacteria from the possible urinary tract infection can be detected.

#### Female patients

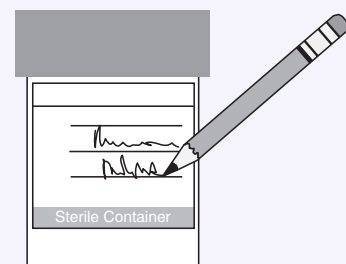
1. Make sure vulval area is clean.
2. Wash hands thoroughly.
3. Sit astride toilet with legs wide apart.
4. Hold labia apart and commence passing urine.
5. After a few seconds and without stopping the flow, introduce the sterile container into the stream for a further 4-6 seconds.
6. Avoid contamination of inside of container with finger or by contact with vulva.
7. After the urine is collected, replace the lid on the container ensuring correct threading and a secure closure.
8. Write these details on the container:
  - your name
  - date of birth
  - date and time of collection.

Time is important – Remember to add ‘AM’ or ‘PM’ when recording the time, for example 7.45 AM.

#### Male patients

1. Wash hands thoroughly.
2. If uncircumcised, retract foreskin and cleanse area. Commence passing urine into the toilet.
3. After a few seconds and without stopping the flow, introduce the sterile container into the stream for a further 4-6 seconds.
4. Replace the lid on the container ensuring correct threading and secure closure.
5. Write these details on the container:
  - your name
  - date of birth
  - date and time of collection.

Time is important – Remember to add ‘AM’ or ‘PM’ when recording the time, for example 7.45 AM.



### Delivering the specimen

Deliver the specimen within 24 hours to your nearest SA Pathology Patient Centre.

Please refrigerate the specimen if there is likely to be any delay.

### Your results

Your doctor will advise you when results are available.

### Patient Centres

For Patient Centre locations and latest opening hours visit our website [www.sapathology.sa.gov.au](http://www.sapathology.sa.gov.au) or phone (08) 8222 3000.

